

5 Must Have Safety Policies for Youth Sports Organizations

Disclaimer: Not legal advice.



All volunteers, employees and any third-party that will have contact with children must have full background checks. The background checks must be done at the beginning of engagement and a best practice would be yearly thereafter.

All players must have a full physical prior to any practicing. There is a wide variety of physicals. Some are very simple, and others require blood work and heart stress tests. It is a good practice to decide on an age (11 to 12 years) and require a full physical including full test of the heart.



Never allow a child to ride in a vehicle alone with a non-related coach, employee or connected third-party.

Have a specific policy for injuries that occur at practice or during a game. Be careful allowing parents and coaches, who may have a medical background treat the player if the injury is severe or appears to need treatment beyond ice and a wrap.



Have a policy in place dealing with how player injuries will be treated if playing out of town.

BONUS! BE CONSISTENT

